

ASSEMBLY OF REGIONAL ORGANIZATIONS OF CHILD AND ADOLESCENT PSYCHIATRY

Saturday, May 6, 2006, 8:00 a.m.–4:00 p.m. Assembly Meeting: Washington, DC

MINUTES

Attendance: 56 participants (representing 28 regional organizations and 25 states)

Welcome and Introductory Remarks of Assembly Chair *David Fassler, M.D.*

Dr. Fassler welcomed delegates, speakers and guests to the meeting. He thanked Kristin Kroeger Ptakowski and her team for a successful Capitol Hill Advocacy Day. He reviewed the agenda that includes an update on recent hearings and a discussion of funds for local meetings with medical students and residents. The agenda also includes two guest speakers—A.J. Allen, M.D. from Eli Lilly and Company, and Adelaide Robb, M.D.

President's Remarks *Thomas F. Anders, M.D.*

Dr. Fassler introduced Dr. Anders who expressed his appreciation of Ginger Anthony and the AACAP staff. Dr. Anders discussed advocacy and the work AACAP has been doing, on the access issue. He attended a meeting that included Drs. Hendren and Harsh Trivedi and Ms. Anthony in San Francisco with AAP leadership, and with a fundraising group in New York. He reported that John E. Schowalter, M.D. has donated \$50,000 to support a new resident position on Council, and AACAP received money for grants for residents to travel to the Annual Meeting and for special interest groups meetings. He stressed the importance of having two residents on each AACAP component.

In the absence of AACAP Treasurer James MacIntyre, M.D., Dr. Fassler reviewed the Treasurer's Report.

Executive Director Remarks *Virginia Q. Anthony.*

Ginger Anthony thanked Kristin Kroeger Ptakowski and her staff for their work organizing the Capitol Hill Advocacy Day. She thanked the staff. She stated that Dr. Anders has set aside \$75,000 for child and adolescent psychiatry residents to attend meetings. This program involves grants of \$750 contributed by any regional organization for a resident to attend the Annual Meeting, which will be matched by AACAP.

President-Elect Initiative *Robert Hendren, D.O.*

Dr. Hendren expressed his appreciation to the Assembly for the time and energy of the members. He mentioned the shortage of child and adolescent psychiatrists and that AACAP continues to explore creative training and consultation alternatives.

Assembly Vice Chair's Report *Marty Drell, M.D.*

Dr. Drell reviewed the reconfigured McNeil Consumer & Specialty Pharmaceuticals awards including the revised evaluation report, which regional organizations complete after their program, to meet McNeil's requirements. He reviewed the Communication Award and the \$500 grants available from the American Professional Agency for regional organization directories (paper or electronic). He reminded delegates that AACAP has a number of awards available for residents. The Assembly Orientation Manual is being revised and will be available through the AACAP

Members Only/Regional Council webpage. Delegates should review the manual and provide feedback to Earl Magee.

Dr. Drell also gave a presentation, "Lessons Learned from Hurricanes Katrina and Rita," that described his experiences and offered suggestions for child and adolescent psychiatrists

Assembly Secretary-Treasurer's Report

Michael Houston, M.D.

Dr. Houston thanked Earl Magee for his hard work. He reviewed the 2006 Assembly budget of \$28,200. He briefly discussed the decrease in grant monies for regional organizations.

He mentioned that there are still a number of outstanding regional organization checks and encouraged delegates to complete and submit the electronic funds transfer (EFT) form. Regional organizations who have updated their bylaws should also send a copy to Earl Magee. He updated delegates on the progress of the websites project through which AACAP will provide server space and a template for each regional organization to have a website if they so choose. The template will be styled after the new AACAP website. Brad Cady, AACAP Webmaster will send out information on accessing and modifying webpages as well as using the software for editing.

Dr. Houston also reviewed the work of the Assembly's Subcommittee on Workforce Issues. He highlighted the following:

1. Medical Student Psychiatric SIG's grants of \$200
 - \$8,000 available this year
 - One grant per regional organization until the Annual Meeting, and
 - Simplified follow up forms to obtain contact information
2. Travel grants for general and child and adolescent psychiatry residents are available (AACAP's \$750 matched by regional organizations).

AACAP Membership Drive

Guy Palmes, M.D.

Dr. Palmes mentioned that Sha'dana Jenkins the new Membership Manager. He reported the continuance of the membership contest in which regional organizations who increase their membership by 10% would receive a free registration to the October Assembly meeting. He reminded delegates that members who are delinquent in paying dues lose their benefits after 6 months and then, after 1 year of delinquency, are dropped from the membership roster. He reviewed the membership categories and statistics. The current membership total is 7,428.

Access Initiative Update

Alan Axelson, M.D.

Dr. Axelson discussed AACAP's Access Initiative and rewarded the eight projects that have now been selected for funding:

2005 Approvals:

- Pikes Peak Mental Health Access Program
- Trauma Center at Justice Resource Institute's Trauma Drama Program
- Vermont Child Health Program
- The Oregon Child and Adolescent Psychiatry Telemedicine Network (OCAP-TN)

2006 Approvals:

- Children's Wellness Initiative in Boston, Massachusetts
- Consultation
- GLAD-PC Guidelines into MA Child and Adolescent Psychiatry Access Project
- Mobil Mental Health Clinic "extraordinary circumstances"

CAPTN Update

Steve Cuffe, M.D.

Dr. Cuffe gave an update on CAPTN including future directions and provided delegates with the new website at www.captn.org.

Maintenance of Certification Update

Sandra Sexson, M.D.

Dr. Sexson thanked Dr. Fassler for keeping the Assembly updated on what is happening in the country through the Assembly listserv. She reviewed maintenance of certification requirements, current efforts, assessment modules, the 10-year plan, and module sales.

AMA Update

David Fassler, M.D.

Louis Kraus, M.D.

Dr. Fassler mentioned two key reports: 1) the role of physicians on the treatment of detainees, and 2) the recommendation that all college students have insurance. He also brought up websites that help kids hide eating disorders. He welcomed new delegates and asked each to introduce him/herself.

Dr. Kraus discussed relations between AACAP and the AMA. He has seen progress on getting our issues before the AMA in recent years. AACAP has become far more respected as a group. AACAP seeks to use the AMA as a lobbying force for issues because of their clout.

**Review of APA Position Statement on Adjudication
of Youth as Adults in the Criminal Justice System**

William Arroyo, M.D.

Louis Kraus, M.D.

Drs. Kraus and Arroyo briefed delegates on the background of the APA position statement on *Adjudication of Youth as Adults in the Criminal Justice System* then explained the specifics on the statement.

ACTION: A MOTION WAS MADE, SECONDED AND PASSED TO SEND THE POSITION STATEMENT TO THE AACAP POLICY STATEMENT ADVISORY COMMITTEE FOR REVIEW.

**Visits to Child and Adolescent Psychiatrists by
Pharmaceutical Sales Reps**

David Fassler, M.D.

A.J. Allen, M.D.

Dr. Fassler introduced A.J. Allen, M.D., a child and adolescent psychiatrist with Eli Lilly and Company, who addressed the issue of pharmaceutical representatives not visiting child and adolescent psychiatrists. Dr. Allen discussed industry economics and trends, the Office of Inspector General report, recent legal opinions, and recent activity by Federal and state attorney generals. Partnership for Prescription Assistance (PPA) was also noted, particularly information on finding out if patients qualify: (888) 4PPA-NOW or www.pparx.org. A discussion of on and off label prescribing discussion ensued.

OPEN FORUM FOR ASSEMBLY DELEGATES

PITTSBURGH

Alan Axelson, M.D.

Dr. Axelson requested that the Program Committee encourage patient safety and risk management programs at the Annual Meeting.

NORTHERN CALIFORNIA**Robert Schreiber, M.D.**

Dr. Schreiber mentioned a past member of AACAP who was accused of child molestation decades after the alleged incident. He asked if our liability company can help members keep track of coverage over time. Dr. Anders responded that AACAP's insurance agent (American Professional Agency) keeps records of malpractice insurance and transfers those records if members move to another state or forward if the carrier changes. However, it is ultimately the responsibility of the members to track.

VERMONT**Stuart Copans, M.D.**

Dr. Copans mentioned the silent auction sponsored by the Art Committee that will take place at the Annual Meeting in October.

DELAWARE**Mark Borer, M.D.**

Dr. Borer briefly reviewed the activities of the Delaware Council including its involvement with medical insurance companies, establishing guidelines for the use of antidepressants, and assisting Health and Social Services Department in setting appropriate parameters.

NEW YORK**Melvin Oatis, M.D.**

Dr. Oatis reported that the New York Council has been focusing on CME. In the past, there has not been much discussion about advocacy and public legislation; he expressed his gratitude for the Capitol Hill Advocacy Day experience. He proposed that AACAP send people to various regional organizations to train them on legislation and advocacy.

EASTERN PENNA. AND SO. NEW JERSEY **Mary Anne Delaney, M.D.**

Dr. Delaney asked if AACAP could provide some streamlined, low-cost CME certification.

HAWAII**Wayne Batzer, M.D.**

Dr. Batzer posed the questions: What happens with kids as they age into the adult system? What happens to a child transitioning off of parental insurance? He proposes a formal look at these issues.

GREATER WASHINGTON (DC)**Caroline Sehon, M.D.**

Dr. Sehon recently talked with Marilyn Benoit, M.D. about improving the quality of child and adolescent psychiatric inpatient care throughout the DC metropolitan area. Dr. Benoit advocated for the implementation of inpatient parameters/standards that will optimize the quality of care delivered at inpatient units. Dr. Sehon stated that many inpatient facilities are now run by adult psychiatrists and not child and adolescent psychiatrists.

GEORGIA**Elaine Mateo, M.D.**

Dr. Mateo commented that she recommends having a mechanism to make child and adolescent psychiatrists more available to the community (i.e., schools and various other public entities).

Election of Nominating Committee for Assembly Representatives to Council

Dr. Houston overviewed the election process and introduced each candidate for the Assembly Nominating Committee positions. He asked each to give a 2-minute speech on why they would like to serve on the committee. Candidates consisted of: Clarence Chou, M.D., Stuart Copans, M.D., Mary Anne Delaney, M.D., Richard Pleak, M.D., and Richard Spiegel, M.D. Dr. Houston instructed delegates to vote for two candidates only. Ballots were distributed and collected. Dr.

Houston later announced the winners—Drs. Chou and Spiegel—and thanked all candidates for running.

Assembly Task Force on Fostering Collaboration with Professional Groups

Cathy Jaselskis, M.D.

Dr. Jaselskis gave a brief background of the Task Force. The members of the Task Force include Chair Davis Gammon, M.D., Cathy Jaselskis, M.D., Alan Axelson, M.D., Kathy Kelley, M.D. and Brian Keyes. The Task Force will make a formal presentation on the component's work in October that will include a final report.

Committee on Healthcare Access and Economics Toolkit

Michael Houston, M.D.

Dr. Houston met in conjunction with the AAP Task Force on Mental Health and devised a toolkit that will include the following:

- AAP district branch contact information
- How to create a joint local mental health task force
- Pediatricians/Child and Adolescent Psychiatrists collaborative office rounds
- Starting collaborative office rounds
- Ideas for AAP database newsletter articles
- Creating local liaisons
- Linking local websites
- Best practice models for clinical collaboration

He informally surveyed delegates on whether or not they would prefer to have their full contact information appear in a directory for pediatricians and/or the general public. The general sentiment was to limit listing to name and city.

Vice Chair/Chair-Elect Discussion

Dr. Fassler gave a brief background on October's discussion of changing the Vice Chair position to Chair-Elect. The Assembly recommended the change. The Executive Committee requested a more extended discussion.

The concern involved delegates who elected a person may not be a delegate when the person actually becomes chair. The question was raised whether this would require a bylaws change. Dr. Houston responded that it would take a minor change. It was pointed out that making the change would provide continuity. The bylaws do not restrict having a single candidate on the ballot. It was noted that James Macintyre, M.D. ran unopposed for Treasurer. It was pointed out that the only position that is elected in advance is the President. A motion was made and seconded to call the question.

ACTION: DELEGATES VOTED OF 20 TO 18 AGAINST CHANGING THE VICE CHAIR POSITION TO CHAIR-ELECT.

Dr. Axelson asked that the Assembly to vote on whether to recommend to the Assembly Nominating Committee that it could have a person run unopposed.

ACTION: DELEGATES VOTED 23 TO 15 AGAINST REMINDING THE ASSEMBLY NOMINATING COMMITTEE THAT UNDER EXISTING BYLAWS, THE COMMITTEE DOES NOT HAVE TO FIND A SECOND CANDIDATE.

FDA Issues

*Adelaide Robb, M.D.
Kristin Kroeger Ptakowski
Deputy Executive Director/Director
of Govt. Affairs/ Clinical Practice*

Dr. Robb gave a brief background on the recent FDA hearings and the black box issues. She described the committee process and the nature of testimony. She emphasized the importance of testimony from mainstream child and adolescent psychiatrists, family members and advocates. Based on the most recent hearings, she does not believe the FDA will impose additional "Black Box" warnings on medications used to treat ADHD in children and adolescents.

Legislative Update

Kristin Kroeger Ptakowski

Ms. Kroeger Ptakowski announced that May is Children's Mental Health Month. A large banner was displayed on the National Office building. Capitol Hill Advocacy Day was a big success with 138 visits, 100 child and adolescent psychiatrists, and 5 family members participating. The Executive Committee agreed to the formation of an Advocacy Committee consisting of John Sikorski, M.D. and Jose Vito, M.D. as co-chairs, Steve Adelsheim, M.D., Beth Ann Brooks, M.D., Greg Fritz, M.D., John Glazer, M.D., Elias Sarkis, M.D., Ellen Sholevar, M.D., Bela Sood, M.D., Chris Thomas, M.D., Harsh Trivedi, M.D., and Yanni Rho, M.D. as Resident Member.

She added that the Workforce Bill call-in weeks in March helped to increase sponsors and the Kennedy Amendment added child mental health professionals to an already existing loan forgiveness program under the Higher Education Act. This Amendment is separate from the loan forgiveness program in the Workforce Bill. The vote on the Amendment passed overwhelmingly with the help of members calling in. Ms. Kroeger Ptakowski thanked those members who agreed to call in.

Dr. Susan Scherer asked that the parity issue be placed on the October agenda.

OPEN FORUM FOR ASSEMBLY DELEGATES

NATIONAL OFFICE

Virginia Q. Anthony

Mrs. Anthony pointed out that the Program Committee would like to take "Conflicts of Interest" to a new level. In addition to listing other conflicts, presenters at the Annual Meeting will need to disclose if a pharmaceutical company is paying for his/her trip to the meeting.

PITTSBURGH

Alan Axelson, M.D.

Dr. Axelson mentioned electronic medical records and electronic prescribing. He referred the information to the Task Force on Intellectual Property to investigate.

CALIFORNIA

William Arroyo, M.D.

Dr. Arroyo mentioned problems with inpatient service in California. In July, his region will lose another 35 beds. A billion-dollar pool of funds appeared as a major windfall but is rapidly evaporating in a climate of budget cuts.

WASHINGTON (STATE)

James Harle, M.D.

Dr. Harle stated that the State has been cutting services for autistic children.

NORTH CAROLINA

Mark Carroll, M.D.

Dr. Carroll asked the Task Force on Intellectual Property to put up a website with information on medication, treatment, etc. Mrs. Anthony responded that AACAP already has much of this information but it needs to take the next step and make it available electronically.

WISCONSIN

Clarence Chou, M.D.

Dr. Chou asked if a forum could be created for delegates to talk with each other and share information between meetings? Ms. Kroeger Ptakowski responded that AACAP currently sends out *AACAP State Mental Health Bill Update* of which delegates agreed they are helpful. Ms. Kroeger Ptakowski added that she hoped delegates are distributing the information. Dr. Chou asked if this could be taken to the next level. He also asked if AACAP could post awards of other organizations that members would be eligible for.

GREATER WASHINGTON ((DC)

Caroline Sehon, M.D.

Dr. Sehon suggested that AACAP develop a core set of videos on the theory and practice of child and adolescent psychiatry. These would include 1-2 videos on each topic and include discussion.

Old Business

Dr. Sarkis (FL) thanked the Assembly for the events listing on the "Regional Council" web page.

Dr. Tullin (WA) asked for clarification on attendance by alternate delegates.

Dr. Fassler briefed delegates on the change of day for the October Assembly meeting. It will be held on Saturday, October 28, 2006.

He asked delegates for feedback on this meeting and whether it was helpful to have it in Washington, DC and whether to have it every year in conjunction with the Society of Professors of Child and Adolescent Psychiatry. The general feedback and consensus was quite positive.

Jenna Saul, M.D. (WI), new AACAP News Opinions Editor, suggested that the meeting be held during cherry blossom time. Dr. Fassler mentioned the difficulty due to the high number of tourists and the high cost of hotels, unless planned at least a year in advance.

A half-day media training was also suggested.

The meeting adjourned at 4:00 p.m.

Submitted by

Earl Magee

for

Michael Houston, M.D.

Secretary-Treasurer